

Who is my  
**LGBTQ+** Inspo?





During difficult times, we can draw strength and inspiration from people we look up to.

**How about you?**  
**Who are your idols or inspo?**



In this space, let's talk about what message or strength we can draw from the person we look up to.



# ✦ My LGBTQ+ Inspo ✦

Name of my LGBTQ+ Inspo:

What things about your inspo are inspirational for you?

What strengths do your inspo have?

What are the similarities you have with your inspo?

If your inspo knew what you are going through, what message would your inspo have for you?



# ✦ My LGBTQ+ Inspo ✦



How are you feeling or  
what is on your mind after this activity?

# RAINBOW FUNDS

THE PROJECT

